

# Hepatitis C Newly Reported Cases<sup>1</sup> New York Hudson Valley Region, 2019



Department of Health

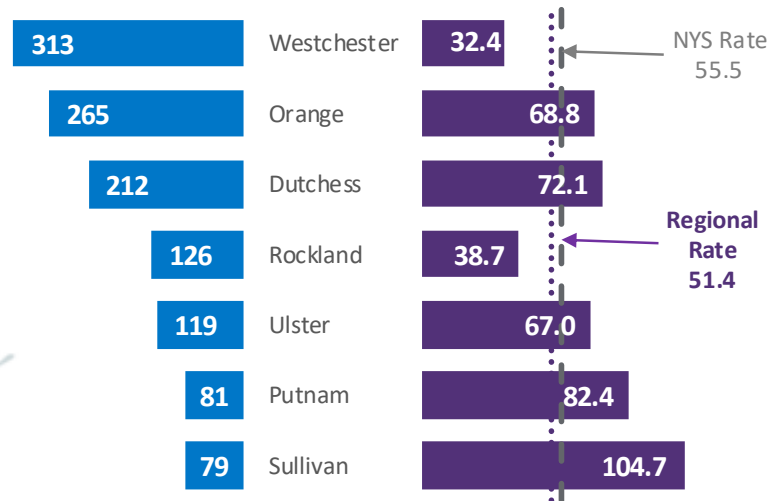
Hepatitis C is a viral infection that affects the liver. It is the most common bloodborne infection and reason for liver transplant, one of the leading causes of liver cancer, and a major cause of infectious disease-related death in the United States. Current medications cure over 90% of individuals.

## Hudson Valley at a Glance

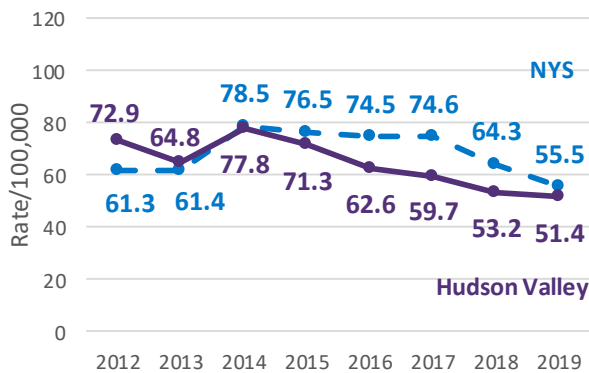
- 1,195 new cases<sup>2</sup>
- Cases decreased 3% since 2018
- 3<sup>rd</sup> lowest case rate in NYS
- 61% male
- 42% <40 years of age
- 85% of cases <40 have history of IDU
- 52% of female cases are of childbearing age<sup>3</sup>



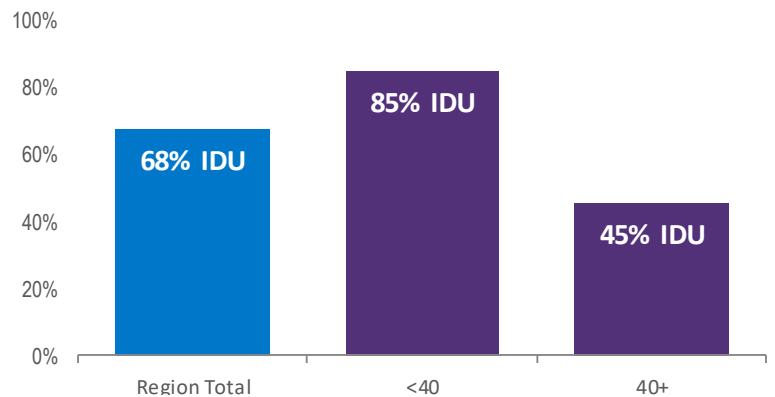
In 2019, Westchester County had largest number of cases in the Hudson Valley region. Case rates per 100,000 were highest in Sullivan County.<sup>4</sup>



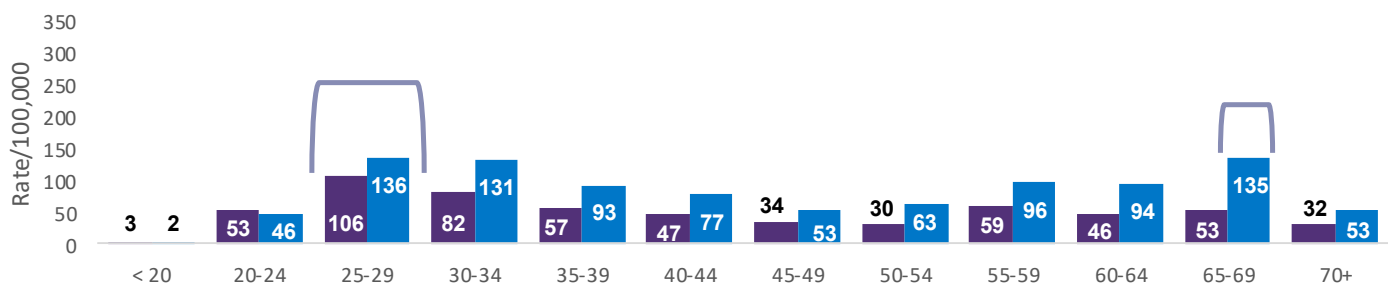
Case rates in the Hudson Valley region decreased in 2019 and were lower than rates in New York State (excluding NYC).



Injection drug use (IDU) is a major risk factor for hepatitis C. When risk factor information was available, 68% of total newly reported cases had a history of IDU. IDU was more common among those <40 years of age than those 40+.<sup>5</sup>



Hepatitis C case rates per 100,000 in the Hudson Valley region were highest for females age 25-29 and males in the 25-29 and 65-69 age groups.



**Notes.** <sup>1</sup> Reports include both probable and confirmed, chronic, acute, and perinatal hepatitis C cases; <sup>2</sup> Rates in counties and regions exclude persons incarcerated by the Department of Corrections and Community Supervision; <sup>3</sup> Women of childbearing include women age 15 to 44; <sup>4</sup> Data includes all counties outside of New York City (Bronx, Kings, Queens, New York, and Richmond Counties); <sup>5</sup> Information on IDU was unknown for 66% of all cases. For more information see New York State Department of Health Hepatitis B and C Annual Report 2019 at <https://www.health.ny.gov/statistics/diseases/communicable/>. **Source.** Communicable Disease Electronic Surveillance System (CDESS)

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